

Lyndhurst

CLINICAL RESEARCH

Advancing Healthcare, Inspired by Innovation



A Unique Healthcare Experience

Clinical trials are fundamental in the advancement of healthcare. The main goal of clinical research is to gain knowledge that will be beneficial to helping others in the future. Those who are currently living with various medical conditions may also benefit from clinical research by receiving advanced alternative treatment options that would otherwise not be available. Healthy volunteers as well as volunteers who have been diagnosed with a specific medical condition may participate in a clinical trial. Inspired by innovation, Lyndhurst Clinical Research works with pharmaceutical companies and clinical research organizations to effectively conduct clinical trials while simultaneously providing exceptionally thorough care to participants. Everyone is familiar with the typical motions we go through while visiting a doctor's office for a routine visit. We give our name at the front desk, speak briefly with a nurse or medical assistant, have a physical exam, speak with our provider and then proceed to check out, leave the building for another year and only receive follow up if necessary. Participating in a clinical trial renders a completely different healthcare experience. At Lyndhurst Clinical Research a relationship is established with research doctors and staff that is unique to any other relationship in the healthcare industry. The care that participants receive is comprehensive meaning there are numerous healthcare professionals reviewing and monitoring their health, medical history, lab and test results, physical exams, etc. as well as their overall progress throughout their participation. In research, your health is not viewed as a quick snapshot but rather an elaborate album in which details are essential and it is intentionally viewed over and over again.

The advancement of healthcare is a complex, behind the scenes process that is unfamiliar to most people. Every treatment decision physicians make as well as every medication, device and vaccine have systematically evolved from the intricate, methodical process known as research. Lyndhurst Gynecologic Associates' dedication to women's health for 43 years and their inspiration to advance the industry ultimately led to the establishment of a research division in 1995. Lyndhurst Clinical Research is a dedicated research site that provides patients the opportunity to receive advanced medical care through participation in a variety of clinical trials. Partnering with Lyndhurst Gynecologic Associates and Centre Ob/Gyn in Raleigh, Lyndhurst Clinical Research is able to focus on women's health including gynecology, urogynecology, obstetrics, and primary care. This alliance provides participants comprehensive collaborative care unique to clinical trial participation. Lyndhurst Clinical Research has conducted over 200 clinical trials on various indications including but not limited to contraception, painful periods, post menopausal symptoms, weight loss, endometriosis, uterine fibroids, and overactive bladder.

Meet the Principal Investigators:

The physicians at research sites who oversee clinical trial activity are known as principal investigators. The principal investigators at Lyndhurst Clinical Research have accumulated over 34 years of experience conducting phase I-IV clinical trials on investigational medications, devices, and vaccines as well as observational studies. The principal investigators practice within Ob/Gyn facilities allowing Lyndhurst Clinical Research to exclusively focus on women's health.

"It is rewarding to work with a team that is passionate about improving healthcare and continuously strive for excellence"

-Lamar Parker, MD



Dr. Robert Lamar Parker is the executive director of Lyndhurst Clinical Research which he founded in 1995. He graduated from Wake Forest University School of Medicine and completed his Obstetrics and Gynecology residency training at Wake Forest Baptist Medical Center before joining Lyndhurst Gynecologic Associates in 1986.

Dr. Melvin Seid graduated from the University of Mississippi School of Medicine and completed his residency at Wake Forest Baptist Medical Center before joining Lyndhurst Gynecologic Associates. Dr. Seid is currently the chairman of obstetrics and gynecology at Novant Health Forsyth Medical Center. He is board certified in Obstetrics and Gynecology and is a certified Physician Investigator.



Dr. Robert Littleton oversees the clinical trials in the Raleigh, NC office. He attended the University of North Carolina as a John Motley Morehead Scholar after which he received his medical training at the UNC School of Medicine and completed his Ob/Gyn residency training at WFBMC in 1985. He is a past President of the Medical Staff at Rex Hospital and of the North Carolina Ob/Gyn Society.

To Learn How to Participate:

To view currently enrolling clinical trials or to learn more about Lyndhurst Clinical Research you can call **336.354.1076**, visit them on Facebook by going to www.facebook.com/lyndhurstresearch, or by visiting their website www.lyndhurstgyn.com/



Scan the QR code to be directly linked to their Facebook page